

August 2021

Dear Parent/Guardian,

We are thrilled to be back serving your child for the 2021-2022 school year! After adapting our service last year for meals in the classroom, off the bus and take-home meals. We're excited for Crawfordsville Community Schools to be back serving all students and grade levels in the cafeteria and in the classroom. To kick off the new year, we wanted to share a few things you and your child can look forward to when it comes to mealtime and get an inside look at the new recipes, concepts, and programs we'll be introducing this fall.

Lunch is FREE for ALL Students in the 2021-2022 School Year!

Thanks to flexibilities provided by the USDA's National School Lunch Program, students will have the opportunity to enjoy breakfast, lunch, supper, and after-school snack at no cost throughout the academic year. It is important to note that no application is required because this year free meals are available to all students, but parents should still fill out the free and reduced applications. This is a unique opportunity for everyone to eat together and will hopefully make it easier for students and families to confidently check breakfast and lunch off their list.

Food Kids Love to Eat

Chartwells' team of chefs and dietitians are working to bring even more variety to our menus featuring new recipes with kid approved foods. This year we're serving up:

- **Rush Hour:** Introducing breakfast all day with Rush Hour! No longer exclusively for the early morning hours, the team is introducing breakfast all day with Rush Hour featuring traditional breakfast items for lunch – and even dinner.
- **Road Trip:** As students have spent the last 18 months staying much closer to home, that doesn't prevent their taste buds from exploring the country with a culinary Road Trip! The journey takes kids through new cities, cultures and heritages – all through the power of food.

Programs that Encourage Fun and Discovery

Chartwells continues to inspire healthy eating habits and spark a culinary curiosity to last a lifetime through fun and engaging programs.

- **Discovery Kitchen:** Designed to make nutrition education fun and entertaining, Chartwells chefs and dietitians have worked together to create curriculums that get kids cooking, trying new foods, and learning about what they're eating. Each month has a different theme and activities will be adapted for the current meal programs.
- **Mood Boost:** This innovative program helps elementary and middle school students connect what they eat with how they feel. It features recipes and characters that focus on six moods: Smart, Happy, Confident, Alert, Strong and Calm.
- **Student Choice:** Giving the high-school students a voice in deciding what food concepts are featured and new menu items that will be available, Student Choice brings the latest food trends to school menus.

Menus and Nutrition Facts at Your Fingertips

Through Nutrislice, an innovative app, students, parents and faculty have access to school menus, including nutrition information, allergens and photos. Nutrislice can be downloaded for free from the App store (iOS) or Google Play (Android) and is available on desktop and mobile devices. Menus are also available at <https://cville.nutrislice.com/>.

Through sharing our passion for great tasting food, instilling a desire for food discovery, and most importantly, providing nourishing meals, we're excited to continue serving up happy and healthy to your children in the year ahead.

Should you have any questions, please don't hesitate to reach out to us.

Thank you,

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