

GRADE LEVEL: KINDERGARTEN

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

GRADING PERIOD: QUARTER 1

MASTER COPY 1-11-19

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
MOTOR SKILLS AND MOVEMENT					
Locomotor Skills <ul style="list-style-type: none"> • Hopping • Galloping • Running • Sliding • Skipping • Leaping • Walking • Running 	K.1.1.A: Performs emerging patterns in locomotor skills while maintaining balance.	<ul style="list-style-type: none"> • Maintains balance in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Jog • Run • Jump • Hop • Gallop • Slide 	CRITICAL
	K.1.1.B: Perform mature patterns in locomotor skills.	<ul style="list-style-type: none"> • Performs mature patterns in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
<ul style="list-style-type: none"> • Jumping and landing patterns <ul style="list-style-type: none"> – Horizontal plane – Vertical plane 	K.1.2.A: Performs jumping and landing actions with balance.	<ul style="list-style-type: none"> • Demonstrates jumping with balance. • Demonstrates landing with balance. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
<ul style="list-style-type: none"> • Dance • Rhythm • Combinations 	K.1.3.A: Performs dance activities in response to teacher-led creative activities.	<ul style="list-style-type: none"> • Performs dance skills that are teacher-led. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
Non-locomotor Skills <ul style="list-style-type: none"> • Bend • Twist • Turn • Sway 	K.1.4.A: Performs emerging pattern in non-locomotor skills in exploratory and a stable environment.	<ul style="list-style-type: none"> • Demonstrates an emerging pattern of non-locomotor skills in an exploratory environment. • Demonstrates an emerging pattern of non-locomotor skills in a stable environment. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Bend • Twist • Sway 	CRITICAL
<ul style="list-style-type: none"> • Balance 	K.1.5.A: Maintains momentary balance on different bases of support.	<ul style="list-style-type: none"> • Balances momentarily on different bases of support. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Manipulative Skills <ul style="list-style-type: none"> • Throw 	K.1.7.A: Throws underhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Performs underhand throw. • Performs underhand throw with opposite foot forward. • Performs underhand throw in an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Underhand 	IMPORTANT
	K.1.7.B: Throws overhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Demonstrates overhand throw. • Demonstrates overhand throw with opposite foot forward. • Demonstrates overhand throw with an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Overhand 	IMPORTANT
<ul style="list-style-type: none"> • Catch 	K.1.9.A: Drops a ball and catches it before it bounces twice.	<ul style="list-style-type: none"> • Catches a ball before it bounces twice after being dropped. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
	K.1.9.B: Catches a large ball	<ul style="list-style-type: none"> • Catches a large ball tossed 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

	tossed by a skilled thrower.	by a skilled thrower.			
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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<ul style="list-style-type: none"> Foot Pass/Kick 	<p>K.1.11.A: Demonstrates emerging pattern while passing or kicking from a stationary position, demonstrating two of the five critical elements of mature kicking pattern.</p>	<ul style="list-style-type: none"> Passes a stationary ball forward using an emerging pattern on the approach. Kicks a stationary ball forward using an emerging pattern on the approach. Demonstrates two of the critical elements during kicking. Demonstrates two of the critical elements during passing. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Step kick Step pass 	CRITICAL
<ul style="list-style-type: none"> Foot Dribble 	<p>K.1.12.A: Soft taps a ball using the inside of the foot, sending in forward.</p>	<ul style="list-style-type: none"> Taps a ball using inside foot. Taps a ball sending it forward using inside foot. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Inside foot Foot dribble 	IMPORTANT
<ul style="list-style-type: none"> Foot Trap – Receive 	<p>K.1.13.A: Performs emerging pattern while receiving with the preferred foot when stationary.</p>	<ul style="list-style-type: none"> Receives with the preferred foot when stationary. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Trap Give 	IMPORTANT
<ul style="list-style-type: none"> Jump Rope 	<p>K.1.16.A: Executes a single jump with a self-turned rope.</p>	<ul style="list-style-type: none"> Jumps a self-turned rope. 	<ul style="list-style-type: none"> Teacher observation 		ADDITIONAL
	<p>K.1.16.B: Jumps with a long rope using teacher assisted turning.</p>	<ul style="list-style-type: none"> Jumps a long rope turned by a teacher. 	<ul style="list-style-type: none"> Teacher observation 		ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
MOVEMENT CONCEPTS AND STRATEGIES					
Space	K.2.1.A: Differentiates between movement in personal space and general space at a slow to moderate speed.	<ul style="list-style-type: none"> Distinguishes the difference between personal and general space in movement at a slow speed. Distinguishes the difference between personal and general space in movement at a moderate speed. 	<ul style="list-style-type: none"> Teacher observation 		IMPORTANT
	K.2.1.B: Moves in personal space to a rhythm.	<ul style="list-style-type: none"> Responds to rhythm while moving in personal space. 	<ul style="list-style-type: none"> Teacher observation 		IMPORTANT
Pathways, Shapes, Levels	K.2.2.A: Travels in three different pathways.	<ul style="list-style-type: none"> Travels in three different pathways. 	<ul style="list-style-type: none"> Teacher observation 		IMPORTANT
Speed, Direction, Force	K.2.3.A: Travels in general space with different speeds.	<ul style="list-style-type: none"> Able to change speeds while traveling in a general space. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Fast Slow Strong Light Force 	CRITICAL
PHYSICAL ACTIVITY					
Physical Activity Knowledge	K.3.1.A: Recognizes active play opportunities outside the physical education class.	<ul style="list-style-type: none"> Understands active play. Understands active play outside of physical education class. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Active Exercise Benefits 	ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Engages in Physical Activity	K.3.2.A: Actively participates in physical education class.	<ul style="list-style-type: none"> Engages in physical education class. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
FITNESS					
Fitness Knowledge	K.3.3.A: Recognizes that when you move fast, your heart beats faster and you breathe faster.	<ul style="list-style-type: none"> Understands that your heart beats faster when you move fast. Understands that you breathe faster when you move fast. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Heart beat 	CRITICAL
Nutrition	K.3.6.A: Recognizes that food provides energy for physical activity.	<ul style="list-style-type: none"> Identifies that food is needed for physical activity. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
	K.3.6.B: Identifies healthy and unhealthy foods.	<ul style="list-style-type: none"> Describes healthy foods. Describes unhealthy foods. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
PERSONAL AND SOCIAL BEHAVIOR					
Personal Responsibility	K.4.1.A: Follows directions in group settings.	<ul style="list-style-type: none"> Participates by following directions in a group. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
	K.4.1.B: Demonstrates responsible behavior when prompted.	<ul style="list-style-type: none"> Shows responsible behavior when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Accepting Feedback	K.4.2.A: Follows instructions/directions when prompted.	<ul style="list-style-type: none"> Follows instructions/directions when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Working with Others	K.4.3.A: Shares equipment and space with others.	<ul style="list-style-type: none"> Participates with others by sharing equipment. Participates with others by sharing space. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Rules and Etiquette	K.4.4.A: Recognizes the established protocols for class activities.	<ul style="list-style-type: none"> • Demonstrates how to follow classroom protocols. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Safety	K.4.5.A: Follows teacher directions for safe participation and proper use of equipment with minimal reminders.	<ul style="list-style-type: none"> • Follows teacher directions. • Uses safe participation skills. • Uses equipment properly. • Needs minimal reminder when using equipment. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
VALUE OF PHYSICAL ACTIVITY					
Health	K.5.1.A: Recognizes that physical activity is important for good health.	<ul style="list-style-type: none"> • Understands that physical activity is important for good health. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Challenge	K.5.2.A: Understands that some physical activities are challenging.	<ul style="list-style-type: none"> • Identifies that physical activities can be challenging. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Self-expression and Enjoyment	K.5.3.A: Identifies physical activities that are enjoyable.	<ul style="list-style-type: none"> • Verbalizes positive feelings from activity. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Social Interaction	K.5.4.A: Recognizes that physical activity can develop friendships.	<ul style="list-style-type: none"> • Discusses that physical activity promotes friendship. 	<ul style="list-style-type: none"> • Teacher discussion 		ADDITIONAL

GRADE LEVEL: KINDERGARTEN

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

GRADING PERIOD: QUARTER 2

MASTER COPY 1-11-19

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
MOTOR SKILLS AND MOVEMENT					
Locomotor Skills <ul style="list-style-type: none"> • Hopping • Galloping • Running • Sliding • Skipping • Leaping • Walking • Running 	K.1.1.A: Performs emerging patterns in locomotor skills while maintaining balance.	<ul style="list-style-type: none"> • Maintains balance in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Jog • Run • Jump • Hop • Gallop • Slide 	CRITICAL
	K.1.1.B: Perform mature patterns in locomotor skills.	<ul style="list-style-type: none"> • Performs mature patterns in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
<ul style="list-style-type: none"> • Jumping and landing patterns <ul style="list-style-type: none"> – Horizontal plane – Vertical plane 	K.1.2.A: Performs jumping and landing actions with balance.	<ul style="list-style-type: none"> • Demonstrates jumping in with balance. • Demonstrates landing in with balance. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
<ul style="list-style-type: none"> • Dance • Rhythm • Combinations 	K.1.3.A: Performs dance activities in response to teacher-led creative activities.	<ul style="list-style-type: none"> • Performs dance skills that are teacher-led. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
Non-locomotor Skills <ul style="list-style-type: none"> • Bend • Twist • Turn • Sway 	K.1.4.A: Performs emerging pattern in non-locomotor skills in exploratory and a stable environment.	<ul style="list-style-type: none"> • Demonstrates an emerging pattern of non-locomotor skills in an exploratory environment. • Demonstrates an emerging pattern of non-locomotor skills in a stable environment. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Bend • Twist • Sway 	IMPORTANT
<ul style="list-style-type: none"> • Balance 	K.1.5.A: Maintains momentary balance on different bases of support.	<ul style="list-style-type: none"> • Balances momentarily on different bases of support. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Manipulative Skills <ul style="list-style-type: none"> • Throw 	K.1.7.A: Throws underhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Performs underhand throw. • Performs underhand throw with opposite foot forward. • Performs underhand throw in an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Underhand 	CRITICAL
	K.1.7.B: Throws overhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Demonstrates overhand throw. • Demonstrates overhand throw with opposite foot forward. • Demonstrates overhand throw with an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Overhand 	CRITICAL
<ul style="list-style-type: none"> • Catch 	K.1.9.A: Drops a ball and catches it before it bounces twice.	<ul style="list-style-type: none"> • Drops a ball and catches it before it bounces twice. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
	K.1.9.B: Catches a large ball tossed by a skilled thrower.	<ul style="list-style-type: none"> • Catches a large ball tossed by a skilled thrower. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<ul style="list-style-type: none"> Dribble 	K.1.10.A: Dribbles a ball with one hand, attempting the second contact.	<ul style="list-style-type: none"> Dribbles ball with one hand. Attempts a second dribble. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Finger pads 	ADDITIONAL
<ul style="list-style-type: none"> Foot Pass/Kick 	K.1.11.A: Demonstrates emerging pattern while passing or kicking from a stationary position, demonstrating two of the five critical elements of mature kicking pattern.	<ul style="list-style-type: none"> Passes a stationary ball forward using an emerging pattern on the approach. Kicks a stationary ball forward using an emerging pattern on the approach. Demonstrates two of the critical elements during kicking. Demonstrates two of the critical elements during passing. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Step kick Step pass 	IMPORTANT
<ul style="list-style-type: none"> Foot Dribble 	K.1.12.A: Soft taps a ball using the inside of the foot, sending in forward.	<ul style="list-style-type: none"> Taps a ball using inside foot. Taps a ball sending it forward using inside foot. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Inside foot Foot dribble 	IMPORTANT
<ul style="list-style-type: none"> Foot Trap – Receive 	K.1.13.A: Performs emerging pattern while receiving with the preferred foot when stationary.	<ul style="list-style-type: none"> Receives with the preferred foot when stationary. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Trap Give 	IMPORTANT
<ul style="list-style-type: none"> Jump Rope 	K.1.16.A: Executes a single jump with a self-turned rope.	<ul style="list-style-type: none"> Jumps a self-turned rope. 	<ul style="list-style-type: none"> Teacher observation 		ADDITIONAL
	K.1.16.B: Jumps with a long rope using teacher assisted turning.	<ul style="list-style-type: none"> Jumps a long rope turned by a teacher. 	<ul style="list-style-type: none"> Teacher observation 		ADDITIONAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
MOVEMENT CONCEPTS AND STRATEGIES					
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	K.2.1.B: Moves in personal space to a rhythm.	<ul style="list-style-type: none"> • Responds to rhythm while moving in personal space. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Pathways, Shapes, Levels	K.2.2.A: Travels in three different pathways.	<ul style="list-style-type: none"> • Travels in three different pathways. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Speed, Direction, Force	K.2.3.A: Travels in general space with different speeds.	<ul style="list-style-type: none"> • Able to change speeds while traveling in a general space. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Fast • Slow • Strong • Light • Force 	IMPORTANT
PHYSICAL ACTIVITY					
Physical Activity Knowledge	K.3.1.A: Recognizes active play opportunities outside the physical education class.	<ul style="list-style-type: none"> • Understands active play. • Understands active play outside of physical education class. 	<ul style="list-style-type: none"> • Teacher discussion 	<ul style="list-style-type: none"> • Active • Exercise • Benefits 	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Engages in Physical Activity	K.3.2.A: Actively participates in physical education class.	<ul style="list-style-type: none"> Engages in physical education class. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
FITNESS					
Fitness Knowledge	K.3.3.A: Recognizes that when you move fast, your heart beats faster and you breathe faster.	<ul style="list-style-type: none"> Understands that your heart beats faster when you move fast. Understands that you breathe faster when you move fast. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Heart beat 	IMPORTANT
Nutrition	K.3.6.A: Recognizes that food provides energy for physical activity.	<ul style="list-style-type: none"> Identifies that food is needed for physical activity. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
	K.3.6.B: Identifies healthy and unhealthy foods.	<ul style="list-style-type: none"> Describes healthy foods. Describes unhealthy foods. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
PERSONAL AND SOCIAL BEHAVIOR					
Personal Responsibility	K.4.1.A: Follows directions in group settings.	<ul style="list-style-type: none"> Participates by following directions in a group. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
	K.4.1.B: Demonstrates responsible behavior when prompted.	<ul style="list-style-type: none"> Shows responsible behavior when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Accepting Feedback	K.4.2.A: Follows instructions/directions when prompted.	<ul style="list-style-type: none"> Follows directions when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Working with Others	K.4.3.A: Shares equipment and space with others.	<ul style="list-style-type: none"> Participates with others by sharing equipment. Participates with others by sharing space. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Rules and Etiquette	K.4.4.A: Recognizes the established protocols for class activities.	<ul style="list-style-type: none"> • Demonstrates how to follow established class protocols. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Safety	K.4.5.A: Follows teacher directions for safe participation and proper use of equipment with minimal reminders.	<ul style="list-style-type: none"> • Follows teacher directions. • Uses safe participation skills. • Uses equipment properly. • Needs minimal reminder when using equipment. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
VALUE OF PHYSICAL ACTIVITY					
Health	K.5.1.A: Recognizes that physical activity is important for good health.	<ul style="list-style-type: none"> • Understands that physical activity is important for good health. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Challenge	K.5.2.A: Understands that some physical activities are challenging.	<ul style="list-style-type: none"> • Identifies that physical activities can be challenging. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Self-expression and Enjoyment	K.5.3.A: Identifies physical activities that are enjoyable.	<ul style="list-style-type: none"> • Verbalizes positive feelings from activity. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Social Interaction	K.5.4.A: Recognizes that physical activity can develop friendships.	<ul style="list-style-type: none"> • Discusses that physical activity promotes friendship. 	<ul style="list-style-type: none"> • Teacher discussion 		ADDITIONAL

GRADE LEVEL: KINDERGARTEN

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

GRADING PERIOD: QUARTER 3

MASTER COPY 1-11-19

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
MOTOR SKILLS AND MOVEMENT					
Locomotor Skills <ul style="list-style-type: none"> • Hopping • Galloping • Running • Sliding • Skipping • Leaping • Walking • Running 	K.1.1.A: Performs emerging patterns in locomotor skills while maintaining balance.	<ul style="list-style-type: none"> • Maintains balance in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Jog • Run • Jump • Hop • Gallop • Slide 	IMPORTANT
	K.1.1.B: Perform mature patterns in locomotor skills.	<ul style="list-style-type: none"> • Performs mature patterns in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
<ul style="list-style-type: none"> • Jumping and landing patterns <ul style="list-style-type: none"> – Horizontal plane – Vertical plane 	K.1.2.A: Performs jumping and landing actions with balance.	<ul style="list-style-type: none"> • Demonstrates jumping with balance. • Demonstrates landing with balance. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
<ul style="list-style-type: none"> • Dance • Rhythm • Combinations 	K.1.3.A: Performs dance activities in response to teacher-led creative activities.	<ul style="list-style-type: none"> • Performs dance skills that are teacher-led. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
Non-locomotor Skills <ul style="list-style-type: none"> • Bend • Twist • Turn • Sway 	K.1.4.A: Performs emerging pattern in non-locomotor skills in exploratory and a stable environment.	<ul style="list-style-type: none"> • Demonstrates an emerging pattern of non-locomotor skills in an exploratory environment. • Demonstrates an emerging pattern of non-locomotor skills in a stable environment. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Bend • Twist • Sway 	IMPORTANT
<ul style="list-style-type: none"> • Balance 	K.1.5.A: Maintains momentary balance on different bases of support.	<ul style="list-style-type: none"> • Balances momentarily on different bases of support. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Manipulative Skills <ul style="list-style-type: none"> • Throw 	K.1.7.A: Throws underhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Performs underhand throw. • Performs underhand throw with opposite foot forward. • Performs underhand throw in an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Underhand 	IMPORTANT
	K.1.7.B: Throws overhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Demonstrates overhand throw. • Demonstrates overhand throw with opposite foot forward. • Demonstrates overhand throw with an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Overhand 	IMPORTANT
<ul style="list-style-type: none"> • Catch 	K.1.9.A: Drops a ball and catches it before it bounces twice.	<ul style="list-style-type: none"> • Catches a ball before it bounces twice after being dropped. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
	K.1.9.B: Catches a large ball	<ul style="list-style-type: none"> • Catches a large ball tossed 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

	tossed by a skilled thrower.	by a skilled thrower.			
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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<ul style="list-style-type: none"> Dribble 	K.1.10.A: Dribbles a ball with one hand, attempting the second contact.	<ul style="list-style-type: none"> Dribbles ball with one hand. Attempts a second dribble. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Finger pads 	CRITICAL
<ul style="list-style-type: none"> Strike/Volley <ul style="list-style-type: none"> Hands Arms 	K.1.14.A: Volleys a lightweight object, sending it upward with an open palm.	<ul style="list-style-type: none"> Volleys a lightweight object. Volleys an object sending it upward. Volleys an object with open palm. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Volley Upward Palm 	IMPORTANT
<ul style="list-style-type: none"> Strike with implement 	K.1.15.A: Strikes a lightweight object with a paddle or short-handled racket.	<ul style="list-style-type: none"> Strikes a lightweight object with a paddle. Strikes a lightweight object with a short-handled racket. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Strike Paddle Racket 	IMPORTANT
<ul style="list-style-type: none"> Jump Rope 	K.1.16.A: Executes a single jump with a self-turned rope.	<ul style="list-style-type: none"> Jumps a self-turned rope. 	<ul style="list-style-type: none"> Teacher observation 		IMPORTANT
	K.1.16.B: Jumps with a long rope using teacher assisted turning.	<ul style="list-style-type: none"> Jumps a long rope turned by a teacher. 	<ul style="list-style-type: none"> Teacher observation 		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
MOVEMENT CONCEPTS AND STRATEGIES					
Space	K.2.1.A: Differentiates between movement in personal space and general space at a slow to moderate speed.	<ul style="list-style-type: none"> • Distinguishes the difference between personal and general space in movement at a slow speed. • Distinguishes the difference between personal and general space in movement at a moderate speed. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
	K.2.1.B: Moves in personal space to a rhythm.	<ul style="list-style-type: none"> • Responds to rhythm while moving in personal space. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Pathways, Shapes, Levels	K.2.2.A: Travels in three different pathways.	<ul style="list-style-type: none"> • Travels in three different pathways. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Speed, Direction, Force	K.2.3.A: Travels in general space with different speeds.	<ul style="list-style-type: none"> • Able to change speeds while traveling in a general space. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Fast • Slow • Strong • Light • Force 	IMPORTANT
PHYSICAL ACTIVITY					
Physical Activity Knowledge	K.3.1.A: Recognizes active play opportunities outside the physical education class.	<ul style="list-style-type: none"> • Understands active play. • Understands active play outside of physical education class. 	<ul style="list-style-type: none"> • Teacher discussion 	<ul style="list-style-type: none"> • Active • Exercise • Benefits 	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Engages in Physical Activity	K.3.2.A: Actively participates in physical education class.	<ul style="list-style-type: none"> Engages in physical education. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
FITNESS					
Fitness Knowledge	K.3.3.A: Recognizes that when you move fast, your heart beats faster and you breathe faster.	<ul style="list-style-type: none"> Understands that your heart beats faster when you move fast. Understands that you breathe faster when you move fast. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Heart beat 	IMPORTANT
Nutrition	K.3.6.A: Recognizes that food provides energy for physical activity.	<ul style="list-style-type: none"> Identifies that food is needed for physical activity. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
	K.3.6.B: Identifies healthy and unhealthy foods.	<ul style="list-style-type: none"> Describes healthy foods. Describes unhealthy foods. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
PERSONAL AND SOCIAL BEHAVIOR					
Personal Responsibility	K.4.1.A: Follows directions in group settings.	<ul style="list-style-type: none"> Participates by following directions in a group. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
	K.4.1.B: Demonstrates responsible behavior when prompted.	<ul style="list-style-type: none"> Shows responsible behavior when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Accepting Feedback	K.4.2.A: Follows instructions/directions when prompted.	<ul style="list-style-type: none"> Follows directions when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Working with Others	K.4.3.A: Shares equipment and space with others.	<ul style="list-style-type: none"> Participates with others by sharing equipment. Participates with others by sharing space. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Rules and Etiquette	K.4.4.A: Recognizes the established protocols for class activities.	<ul style="list-style-type: none"> • Demonstrates how to follow established class protocols. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Safety	K.4.5.A: Follows teacher directions for safe participation and proper use of equipment with minimal reminders.	<ul style="list-style-type: none"> • Follows teacher directions. • Uses safe participation skills. • Uses equipment properly. • Needs minimal reminders when using equipment. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
VALUE OF PHYSICAL ACTIVITY					
Health	K.5.1.A: Recognizes that physical activity is important for good health.	<ul style="list-style-type: none"> • Understands that physical activity is important for good health. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Challenge	K.5.2.A: Understands that some physical activities are challenging.	<ul style="list-style-type: none"> • Identifies that physical activities can be challenging. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Self-expression and Enjoyment	K.5.3.A: Identifies physical activities that are enjoyable.	<ul style="list-style-type: none"> • Verbalizes positive feelings from activity. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Social Interaction	K.5.4.A: Recognizes that physical activity can develop friendships.	<ul style="list-style-type: none"> • Discusses that physical activity promotes friendship. 	<ul style="list-style-type: none"> • Teacher discussion 		ADDITIONAL

GRADE LEVEL: KINDERGARTEN

SUBJECT: PHYSICAL EDUCATION

DATE: 2018-2019

GRADING PERIOD: QUARTER 4

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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
MOTOR SKILLS AND MOVEMENT					
Locomotor Skills <ul style="list-style-type: none"> • Hopping • Galloping • Running • Sliding • Skipping • Leaping • Walking • Running 	K.1.1.A: Performs emerging patterns in locomotor skills while maintaining balance.	<ul style="list-style-type: none"> • Maintains balance in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Jog • Run • Jump • Hop • Gallop • Slide 	IMPORTANT
	K.1.1.B: Perform mature patterns in locomotor skills.	<ul style="list-style-type: none"> • Performs mature patterns in locomotor skills. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
<ul style="list-style-type: none"> • Jumping and landing patterns <ul style="list-style-type: none"> – Horizontal plane – Vertical plane 	K.1.2.A: Performs jumping and landing actions with balance.	<ul style="list-style-type: none"> • Demonstrates jumping in with balance. • Demonstrates landing in with balance. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
<ul style="list-style-type: none"> • Dance • Rhythm • Combinations 	K.1.3.A: Performs dance activities in response to teacher-led creative activities.	<ul style="list-style-type: none"> • Performs dance skills that are teacher-led. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCAB	PRIORITY
Non-locomotor Skills <ul style="list-style-type: none"> • Bend • Twist • Turn • Sway 	K.1.4.A: Performs emerging pattern in non-locomotor skills in exploratory and a stable environment.	<ul style="list-style-type: none"> • Demonstrates an emerging pattern of non-locomotor skills in an exploratory environment. • Demonstrates an emerging pattern of non-locomotor skills in a stable environment. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Bend • Twist • Sway 	ADDITIONAL
<ul style="list-style-type: none"> • Balance 	K.1.5.A: Maintains momentary balance on different bases of support.	<ul style="list-style-type: none"> • Balances momentarily on different bases of support. 	<ul style="list-style-type: none"> • Teacher observation 		ADDITIONAL
Manipulative Skills <ul style="list-style-type: none"> • Throw 	K.1.7.A: Throws underhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Performs underhand throw. • Performs underhand throw with opposite foot forward. • Performs underhand throw in an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Underhand 	IMPORTANT
	K.1.7.B: Throws overhand with opposite foot forward demonstrating an emerging pattern.	<ul style="list-style-type: none"> • Demonstrates overhand throw. • Demonstrates overhand throw with opposite foot forward. • Demonstrates overhand throw with an emerging pattern. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Overhand 	IMPORTANT
<ul style="list-style-type: none"> • Catch 	K.1.9.A: Drops a ball and catches it before it bounces twice.	<ul style="list-style-type: none"> • Catches a ball before it bounces twice after being dropped. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
	K.1.9.B: Catches a large ball	<ul style="list-style-type: none"> • Catches a large ball tossed 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL

	tossed by a skilled thrower.	by a skilled thrower.			
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CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
<ul style="list-style-type: none"> Dribble 	K.1.10.A: Dribbles a ball with one hand, attempting the second contact.	<ul style="list-style-type: none"> Dribbles ball with one hand. Attempts a second dribble. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Finger pads 	IMPORTANT
<ul style="list-style-type: none"> Strike/Volley <ul style="list-style-type: none"> Hands Arms 	K.1.14.A: Volleys a lightweight object, sending it upward with an open palm.	<ul style="list-style-type: none"> Volleys a lightweight object. Volleys an object sending it upward. Volleys an object with open palm. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Volley Upward Palm 	CRITICAL
<ul style="list-style-type: none"> Strike with implement 	K.1.15.A: Strikes a lightweight object with a paddle or short-handled racket.	<ul style="list-style-type: none"> Strikes a lightweight object with a paddle. Strikes a lightweight object with a short-handled racket. 	<ul style="list-style-type: none"> Teacher observation 	<ul style="list-style-type: none"> Strike Paddle Racket 	CRITICAL
<ul style="list-style-type: none"> Jump Rope 	K.1.16.A: Executes a single jump with a self-turned rope.	<ul style="list-style-type: none"> Jumps a self-turned rope. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
	K.1.16.B: Jumps with a long rope using teacher assisted turning.	<ul style="list-style-type: none"> Jumps a long rope turned by a teacher. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
MOVEMENT CONCEPTS AND STRATEGIES					
Space	K.2.1.A: Differentiates between movement in personal space and general space at a slow to moderate speed.	<ul style="list-style-type: none"> • Distinguishes the difference between personal and general space in movement at a slow speed. • Distinguishes the difference between personal and general space in movement at a moderate speed. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
	K.2.1.B: Moves in personal space to a rhythm.	<ul style="list-style-type: none"> • Responds to rhythm while moving in personal space. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Pathways, Shapes, Levels	K.2.2.A: Travels in three different pathways.	<ul style="list-style-type: none"> • Travels in three different pathways. 	<ul style="list-style-type: none"> • Teacher observation 		IMPORTANT
Speed, Direction, Force	K.2.3.A: Travels in general space with different speeds.	<ul style="list-style-type: none"> • Able to change speeds while traveling in a general space. 	<ul style="list-style-type: none"> • Teacher observation 	<ul style="list-style-type: none"> • Fast • Slow • Strong • Light • Force 	IMPORTANT
PHYSICAL ACTIVITY					
Physical Activity Knowledge	K.3.1.A: Recognizes active play opportunities outside the physical education class.	<ul style="list-style-type: none"> • Understands active play. • Understands active play outside of physical education class. 	<ul style="list-style-type: none"> • Teacher discussion 	<ul style="list-style-type: none"> • Active • Exercise • Benefits 	IMPORTANT

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Engages in Physical Activity	K.3.2.A: Actively participates in physical education class.	<ul style="list-style-type: none"> Engages in physical education class. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
FITNESS					
Fitness Knowledge	K.3.3.A: Recognizes that when you move fast, your heart beats faster and you breathe faster.	<ul style="list-style-type: none"> Understands that your heart beats faster when you move fast. Understands that you breathe faster when you move fast. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Heart beat 	IMPORTANT
Body Systems	K.3.5.A: Recognizes basic structure and function of body systems.	<ul style="list-style-type: none"> Understand the basic structure of the body. Understands the basic function of the body systems. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Heart muscle Skeletal system 	IMPORTANT
Nutrition	K.3.6.A: Recognizes that food provides energy for physical activity.	<ul style="list-style-type: none"> Identifies that food is needed for physical activity. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
	K.3.6.B: Identifies healthy and unhealthy foods.	<ul style="list-style-type: none"> Describes healthy foods. Describes unhealthy foods. 	<ul style="list-style-type: none"> Teacher discussion 	<ul style="list-style-type: none"> Unhealthy Healthy 	IMPORTANT
PERSONAL AND SOCIAL BEHAVIOR					
Personal Responsibility	K.4.1.A: Follows directions in group settings.	<ul style="list-style-type: none"> Participates by following directions in a group. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
	K.4.1.B: Demonstrates responsible behavior when prompted.	<ul style="list-style-type: none"> Shows responsible behavior when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL
Accepting Feedback	K.4.2.A: Follows instructions/directions when prompted.	<ul style="list-style-type: none"> Follows directions when prompted. 	<ul style="list-style-type: none"> Teacher observation 		CRITICAL

CONTENT	STANDARD INDICATORS	SKILLS	ASSESSMENT	VOCABULARY	PRIORITY
Working with Others	K.4.3.A: Shares equipment and space with others.	<ul style="list-style-type: none"> • Participates with others by sharing equipment. • Participates with others by sharing space. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Rules and Etiquette	K.4.4.A: Recognizes the established protocols for class activities.	<ul style="list-style-type: none"> • Shows how to follow protocol. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
Safety	K.4.5.A: Follows teacher directions for safe participation and proper use of equipment with minimal reminders.	<ul style="list-style-type: none"> • Follows teacher directions. • Uses safe participation skills. • Uses equipment properly. • Needs minimal reminder when using equipment. 	<ul style="list-style-type: none"> • Teacher observation 		CRITICAL
VALUE OF PHYSICAL ACTIVITY					
Health	K.5.1.A: Recognizes that physical activity is important for good health.	<ul style="list-style-type: none"> • Understands that physical activity is important for good health. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Challenge	K.5.2.A: Understands that some physical activities are challenging.	<ul style="list-style-type: none"> • Identifies that physical activities can be challenging. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Self-expression and Enjoyment	K.5.3.A: Identifies physical activities that are enjoyable.	<ul style="list-style-type: none"> • Verbalizes positive feelings from activity. 	<ul style="list-style-type: none"> • Teacher discussion 		IMPORTANT
Social Interaction	K.5.4.A: Recognizes that physical activity can develop friendships.	<ul style="list-style-type: none"> • Discusses that physical activity promotes friendship. 	<ul style="list-style-type: none"> • Teacher discussion 		ADDITIONAL